Canadian egg farmers follow feed regulations set by the Canadian Food Inspection Agency.

A balanced diet comes from:
- Proteins
- Vitamins
- Minerals
- Carbohydrates
- Fats
- AND, of course, plenty of H₂O

What doesn’t go into feed?
- Steroids & hormones

And DYK that an egg’s yolk can change colour depending on a hen’s diet? For example:

- Pale yellow → wheat-based
- Dark yellow → corn

Learn more! Visit eggfarmers.ca